



SHONEY'S

EST. 1947

All-You-Care-To-Eat Fresh Food Bar

Available for breakfast, lunch, and dinner.

Ask your server for price and details.

Breakfast Open to 11 am

Lunch 11 am to 4 pm

Dinner 4 pm to Close

STARTERS & SALADS

Prepared fresh every day.

Shoney's® Wings

250 cal per wing; 8 wings per serving
Eight chicken wings served with celery (adds 0 cal) and choice of bleu cheese (adds 180) or ranch (adds 100 cal). Available sauces (adds 60-160 cal): Buffalo, Honey Heat, Garlic Parmesan, Teriyaki or Bourbon. 10.99

Spinach & Artichoke Dip 400 cal

Sautéed spinach and artichokes in a creamy, three-cheese sauce. 8.99
With Tortilla Chips, adds 940 cal

Shoney's® Signature Onion Rings 570 cal

A jumbo order (10) of our fresh, hand-cut and hand-breaded onion rings. 5.99

Strawberry Walnut Salad 450 cal

Crisp Romaine lettuce tossed with fresh strawberries, cranberries, walnuts, red onions, cucumbers, grape tomatoes, and cheddar cheese. Served with raspberry vinaigrette. 10.99
With crispy chicken, adds 850 cal +4.99
With grilled chicken, adds 290 cal +4.99

Add soup and salad bar to any entrée, burger or sandwich for \$5.99

ENTRÉES

Entrées include a choice of 2 sides (adds 100-550 cal).

Add six Crispy Butterflied Shrimp or a 4oz Ranch Steak to any entrée for \$4.99

8 oz. Steakhouse Sirloin* 700 cal

Hand-cut, custom-aged sirloin, grilled your way*, then topped with herb garlic butter. 15.99



Hand-Breaded Chicken Strips 1130 cal

Fresh hand-breaded chicken strips, served with your choice of dipping sauces and two sides (adds 60-190 cal): BBQ, buttermilk ranch or honey mustard. 9.99

Baked Spaghetti 980 cal

Spaghetti ladled with our rich tomato and meat sauce. Topped and baked with mozzarella cheese. Comes with house salad 9.99
With garlic bread, adds 230 cal
With fresh hand-breaded chicken strips, adds 850 cal 3.99

Country Fried Steak 720 cal

Tender steak breaded in our signature seasoned flour, cooked to a golden brown and topped with our traditional white gravy. 9.99

Teriyaki Glazed Salmon 570 cal

Grilled salmon filet topped with a sweet teriyaki glaze. Also available grilled without sauce (440 cal) or blackened (450 cal). 14.99

Stir-Fry 650/1220/790/870 cal

Stir-fry with broccoli, red peppers, onions, and teriyaki sauce. Served with your choice of steamed rice or rice pilaf, and garlic bread.
Veggie 9.99 Chicken 12.99 Steak 13.99 Shrimp 13.99

Half-O-Pound®* 400 cal

Fresh, hand-pattied, grain-fed, 100% ground beef patty cooked to order, then topped with grilled sweet onions and mushrooms. 11.99
With brown gravy, adds 15 cal

Crispy Fish Filets 1210 cal

Whitefish filets hand-breaded in our homemade bread crumbs. Served with tartar sauce. 9.99

Mushroom Swiss Chicken 560 cal

Grilled chicken breast brushed with garlic Parmesan sauce, then topped with sautéed mushrooms and melted Swiss cheese. Garnished with green onions. 12.99

Crispy Pile O' Shrimp™ 690 cal

A dozen large shrimp, hand-breaded in our homemade bread crumbs. Served with cocktail sauce. 11.99



SIDES FOR 2.99

House Salad 280 cal

Fresh Steamed Vegetables 40 cal

Hand-Breaded Onion Rings (5) 290 cal

French Fries 420 cal

Rice Pilaf 450 cal

Macaroni & Cheese 150 cal

Green Beans 90 cal

Coleslaw 90 cal

Mashed Potatoes 230 cal

With Gravy, adds 25 cal

Baked Potato 150 cal

With Sour Cream and Butter, adds 130 cal

Loaded (butter, sour cream, bacon and cheddar cheese), adds 180 cal + 1.50

Soup of the Day 90-180 cal

BURGERS & SANDWICHES

Each burger is topped with pickles, red onions, tomato slices, shredded lettuce, and mayonnaise. Served with French fries, adds 420 cal.



All-American Burger™** 730 cal

A Shoney's® Classic served with American cheese. 10.49
Make it a Double, 280 cal +1.50
Add Bacon, 70 cal +1.99

BBQ Bacon Cheeseburger* 840 cal

Crispy hickory-smoked bacon and American cheese, topped with tangy BBQ sauce. 10.99

Cheddar Stuffed Burger 850 cal

Cheddar stuffed burger topped with bacon onion jam, on a toasted brioche bun. Served with French fries. 11.99

Chicken Parmesan Sandwich 795 cal

Lightly fried chicken breast smothered with Marinara and melted mozzarella, served on a garlic butter toasted hoagie. Served with French fries. 10.99

Philly Steak & Cheese 640 cal

Savory shaved ribeye grilled with bell peppers, sweet onions and mushrooms, then smothered in American cheese and served on a toasted hoagie. 10.99
Substitute a fresh, grilled chicken breast, 290 cal. 10.99

Chicken Sandwich 620/700 cal

Fresh grilled, crispy or spicy chicken breast served on a toasted bun with lettuce, tomatoes, pickles and mayonnaise. 9.99

Chicken Salad Croissant 760 cal

Tender, freshly prepared chicken salad, with chunks of crisp celery and cranberries. Served on a toasted flaky croissant. 9.99



Slim Jim® 720 cal

Grilled smokehouse ham served on a toasted hoagie with melted Swiss cheese, tomatoes, lettuce, pickles and our signature Shoney's® sauce. 9.99

Turkey Club 1070 cal

Slow-roasted turkey breast, hickory-smoked bacon, American and Swiss cheeses on grilled sourdough bread with lettuce, tomatoes and mayonnaise. 10.99

Shoney's® Fish Sandwich 1230 cal

Whitefish filet, hand-breaded in our homemade bread crumbs. Served on a toasted hoagie with lettuce and tartar sauce. 8.99

Shoney's® Signature Item CEO Favorite New Menu Item

***ADVISORY:** These food items are or may be served undercooked, or contain or may contain undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

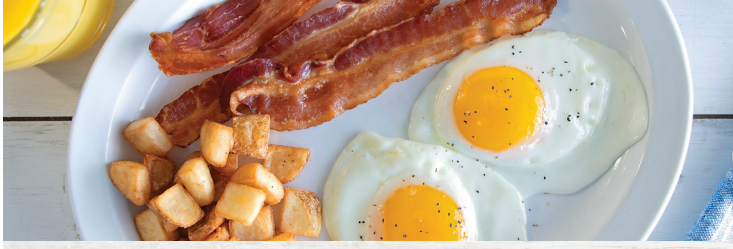
Add two eggs your way
to any breakfast item for \$2.99

BREAKFAST ALL-DAY

Add two pancakes
to any breakfast item for \$2.99

Ⓢ All-Star Breakfast* 750 cal

Two freshly-cracked eggs over easy with crispy bacon, breakfast potatoes and a buttermilk biscuit. 8.99



Country Fried Steak Breakfast 1110 cal

A tender steak coated in seasoned flour, then topped with our traditional white gravy and served with a buttermilk biscuit, two freshly-cracked eggs your way (adds 140-200 cal), and breakfast potatoes (adds 250 cal). 9.99

Biscuits & Gravy 500 cal

Two buttermilk biscuits served open-faced and smothered in our traditional white gravy. 4.99

Breakfast Croissant Sandwich 930 cal

Two freshly cracked eggs, scrambled and served on a toasted croissant with American cheese, and crispy bacon or sausage. Served with breakfast potatoes. 9.99



Create-Your-Own Omelet 330 cal

Build your own hearty 3-egg omelet by choosing one cheese and three additional toppings from these ingredients: 9.99

American Cheese, adds 100 cal	Onions, adds 0 cal
Cheddar Cheese, adds 80 cal	Mushrooms, adds 0 cal
Ham, adds 80 cal	Tomatoes, adds 10 cal
Bacon, adds 140 cal	Spinach, adds 0 cal
Sausage, adds 210 cal	
Green Peppers, adds 0 cal	Additional toppings .50

Pancake Breakfast

320 cal per pancake

All served fresh. All you care to eat. (4 pancakes per order, 2 pancakes per re-order. No sharing, please.) 5.99

With Breakfast Potatoes, adds 250 cal 2.99

With Bacon, adds 110 cal 2.99

With Sausage, adds 150 cal 2.99



DESSERTS

Ⓢ Shoney's® World Famous Hot Fudge Cake 620 cal

Vanilla ice cream between freshly baked layers of Shoney's® famous chocolate cake, covered in hot fudge sauce, whipped topping and a cherry. 5.99



Classic Sundaes

Our sundaes are made with scoops of vanilla bean ice cream and finished with whipped topping and a cherry.

Hot Fudge 490 cal 4.99

Strawberry 310 cal 4.99

Banana Split 550 cal 4.99

Skillet Cookie 690 cal

A freshly-baked, delicious, soft and warm chocolate chunk cookie drizzled with rich, sea salt caramel sauce. (15 minutes bake time. Well worth the wait!) 5.99 Available with vanilla bean ice cream, adds 110 cal.

Ⓢ Christy's Apple Pie™ 640 cal

Sweet, saucy cinnamon apples baked in our iron skillet with a crispy, oat crumble, toffee caramel and chunks of walnuts. (10 minutes bake time) 5.99 Available with vanilla bean ice cream with a sea salt caramel drizzle, adds 160 cal.

Ⓢ Strawberry Pie 280 cal

Our freshly-baked pie made with plump, fresh strawberries in a flaky crust, mixed with our special glaze and finished with whipped topping. (Seasonal). 5.99



BEVERAGES

Bottomless Beverages

Freshly Brewed Iced Tea

Unsweetened 0 cal Sweetened 300 cal

Hot Tea 0 cal

Lemonade Iced Tea 80 cal

Lemonade 190 cal

Shoney's Fresh Roast™ Coffee 0 cal
(decaffeinated also available)



Coca-Cola® Products

Coca-Cola® 170 cal • Diet Coke® 0 cal

Sprite® 170 cal • Pibb Xtra® 160 cal

Mello Yello® 200 cal • Hi-C® Punch 180 cal

Barq's® Root Beer 190 cal

Beverage brands are trademarks of The Coca-Cola Company®.

2% Low-Fat Milk 210 cal

Hot Chocolate 180 cal

Orange Juice 190 cal

Apple Juice 190 cal

Dasani® Bottled Water 0 cal

Hand-Dipped Milkshakes

Hot Fudge Cake 760 cal

Strawberry Pie 600 cal

Vanilla Bean 590 cal



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2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Persons with allergies or certain other health conditions should understand that food items may sometimes be cooked in oil that has been used for fish or other seafood or nuts. Shoney's® uses all vegetable zero grams trans fat cooking oils for our fried products.

The nutritional information seen here was prepared by Menu Trinfo®, LLC and is based on standard serving sizes and product formulations prepared with standard ingredients. The nutritional data presented are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values.

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